

ETHEREA SPA

NUMOMYKONOS

OUR PHILOSOPHY

WELLNESS AT NUMO IS SYNONYM TO BE YOURSELF.
IT IS IN OUR DNA AND OUR PASSION TO TAKE
OUR GUESTS ON A JOURNEY WHERE THEY FEEL
CARED AND LOVED, SO WHEN THEY RETURN
HOME THEY CAN CONTINUE THAT JOURNEY.

BODY, MIND, SOUL

“THE BODY IS PART OF THE SOUL.”

THE BRANDS

Bioaroma Crete

Inspired by Crete's rich botanical heritage and the soothing power of Dittany of Crete, Bioaroma Crete offers handcrafted spa rituals blending organic herbs and pure essential oils to promote deep relaxation, balance, and natural well-being.

Labbok

Labbok combines science and nature in a holistic, 100% vegan skincare range enriched with botanical oils like sea buckthorn, wild rose, pomegranate, and evening primrose to nourish, rebalance, and enhance the skin's natural glow and resilience.

OUR PILLARS

Integrated Wellness

A holistic approach through wellness & spa modalities for guests to be balanced, touched, healthy and feel alive, beautiful, nourished and active.

Modern Lifestyle

Promoting connections between our guests, we create an open wellness culture where our guests feel free everywhere to perform wellness modalities combined with lifestyle elements like music and cultural events.

Sense of Place

Authentic and out of the box experiences connecting guests with local culture and communities, creating an environment of wellbeing in and out of the properties, celebrating life.

Etherea Spa Mykonos

is your private sanctuary for relaxation and rejuvenation of both body and mind.

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FACIALS

DREAMTIME FACIAL TREATMENT

MIN—60

This soothing face treatment works on both emotional and physical levels, restoring balance to the throat chakra (the body's sleep center). The jasmine flower extract oil is absorbed into the skin, and light massage techniques help promote deep relaxation of body, mind, and soul.

LIFTING FACIAL TREATMENT

MIN—60

Radiant boost treatment with sculpting facial lifting massage techniques. This anti-aging treatment leaves the skin glowing and firm. The appearance of fine lines and wrinkles is reduced, while cell renewal is encouraged.



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MASSAGES

MYKONIAN SIGNATURE TREATMENT

MIN—60

This unique treatment combines a relaxing massage with firming and toning techniques targeting muscle tension points. It helps improve circulation and enhances skin firmness and tone.

DEEP TISSUE TREATMENT

MIN—60/90

For muscular fatigue and joint pain, this treatment is ideal for emotionally exhausted guests. It provides an energy boost and detoxifying effects, enhancing mood and well-being. These revitalizing massage techniques leave the body and spirit feeling renewed and full of vitality.

MOTHER-TO-BE MASSAGE

MIN—60

A calming and pampering experience, this treatment is the perfect way to release tension, reduce stiffness, and improve sleep patterns as you approach this important milestone in your life.

AROMATHERAPY MASSAGE

MIN—60

For deep relaxation, this blissfully balancing treatment nourishes the skin and the senses, relaxing and reviving body and spirit. The skin is nourished, the soul is nurtured, and a profound sense of inner peace prevails.



EXPRESS TREATMENTS

BACK, NECK AND SHOULDERS MASSAGE

A massage tailored to relieve tension in the shoulders, back, and neck, while stimulating the body's release of feel-good hormones.

MIN—30

FOOT MASSAGE

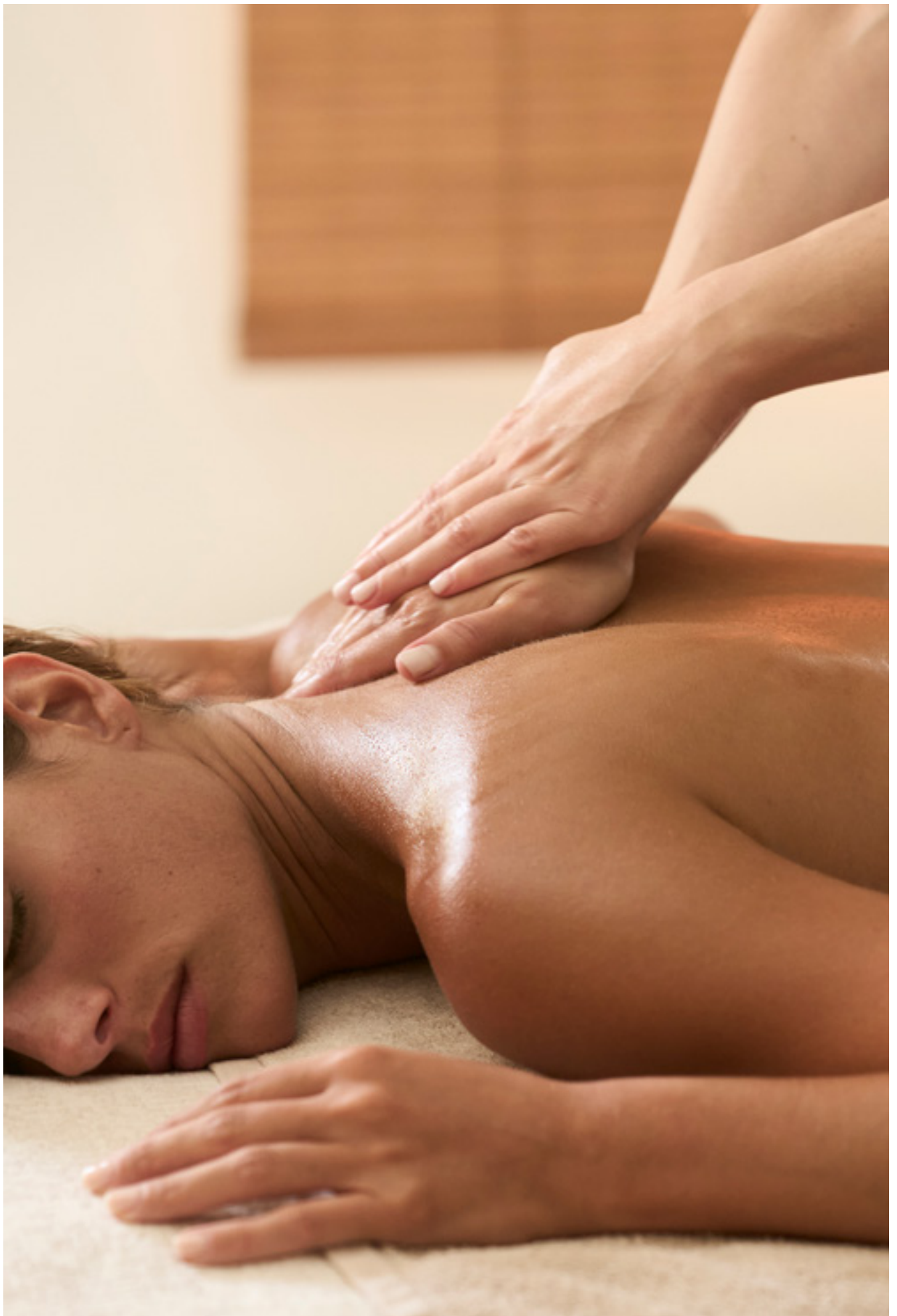
Focused on the feet, this treatment relieves tension in the calves, soles, and thighs while balancing the body's energy levels, revitalizing the senses, and boosting mood.

MIN—30

SCALP MASSAGE

Relieves tension in the head and neck, promoting deep relaxation and an overall sense of lightness.

MIN—30



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SPA ETIQUETTE

Please arrive 15 minutes before your appointment.

◆
Our spa team will provide a health history form before your treatment.

◆
To maintain a tranquil atmosphere, we kindly ask that conversations remain at a low volume. Mobile phones should be placed on silent mode.

◆
The spa is a non-smoking area.

◆
Cancellations must be made at least 24 hours in advance to avoid a cancellation fee.

Cancellations made less than 24 hours prior will be charged 50% of the treatment cost.
No-shows will be charged 100% of the treatment cost.

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NUMOMYKONOS
A MEMBER OF NUMO HOTELS

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